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# Easy Nursing English



Easy Reviews  
&  
Easy Exams

**Answers**



南山堂

# Easy Review

## Section I People, places and things in a hospital/clinic

### I. Chapter 1

Fill in the blank with the appropriate **doctor** or **hospital department** name.

1. Heather treats patients with cancer. She is an oncologist.
2. Siobhan treats patients with skin problems. She is a dermatologist.
3. Kanye delivers babies almost every day! He works in obstetrics.
4. Deniz is a neurosurgeon. He operates on peoples' brains.
5. Solada works in anesthesiology. She administers anesthesia to patients.

### II. Chapter 2

Fill in the missing part for each word for **healthcare personnel**.

6. registered nurse (RN)
7. clinical resident
8. community health nurse
9. care worker / giver
10. attending physician

### III. Chapter 3

What **medical supply/equipment** is being used or referred to in the below statements? **Answer**

- |  |                          |
|--|--------------------------|
| 11. I can't walk now, so I roll around on this!          | <u>wheelchair</u>        |
| 12. Grandpa can hear now, thanks to this!                | <u>hearing aid</u>       |
| 13. Open your mouth and say "aaahhh"!                    | <u>tongue depressor</u>  |
| 14. When my son has an asthma attack, he uses this.      | <u>inhaler</u>           |
| 15. The cut is deep. You'll need at least five of these. | <u>sutures; stitches</u> |

#### IV. Chapter 4

What kind of **medication** is referred to in the below statements?

**Answer**

16. You have to drink this kind of medicine.

liquid medicine

17. This medicine treats bacterial (細菌) infections.

antibiotics

18. This medicine will help you to stop coughing.

cough suppressant (medicine)

19. This medicine will relieve constipation (便秘).

laxative

20. These are different kinds of medicine that can be bought at a drugstore.

over-the-counter (OTC) medicine

#### V. Putting it together

Circle the word which does not belong with the other words.

21. obstetrics      midwife      treatment table      X-ray technician

22. community health nurse      dietitian      head nurse      surgical nurse

23. guardian      visitor      cashier      outpatient

24. plastic surgery      operation      contraceptive      scrub nurse

25. IV drip      walker      wheelchair      crutches

# Easy Review

## Section II Anatomical words

### I. Chapter 5

Below are some common English expressions that use words for **external body parts**. Can you guess which is the correct word in each expression? Circle the correct word.

1. Keep your chin / neck up! (元気出せよ.)
2. Turn the other jaw / cheek. (不当な待遇を甘んじて受ける.)
3. Beauty is only hip / skin deep. (見た目より心.)
4. I need to get something off my chest / breast. (打ち明けて心の重荷を降ろしたい.)
5. It's a pain in the knee / neck. (面倒くさいよ.)

### II. Chapter 6

Give the English word for the **internal body part** referred to in each sentence.

Answer

6. This is in your head and rhymes with *pain*. (pain と韻を踏む) brain
7. This is in your chest and rhymes with *sung*. lung
8. You swallow food with this; it rhymes with *boat*. throat
9. This runs down your back and rhymes with *vinyl board*. spinal cord
10. Your body turns food into this; it rhymes with *pool*. stool

### III. Chapter 7

Write the name for the **internal body part** referred to in the below sentences.

Answer

11. This organ pumps blood throughout the body. heart
12. This is tissue found inside bones. bone marrow
13. These cells defend the body against diseases. leukocytes; white blood cells

14. This is attached to babies growing inside their mothers.

placenta

15. This butterfly-shaped gland is found in the neck.

thyroid gland

#### IV. Chapter 8

Write the **common words** for these medical terms.

16. cranium skull

17. sternum breastbone

18. femur thigh bone

19. tibia shin bone

20. scapula shoulder blade

#### V. Putting it together

Circle the word which does not belong with the other words.

21. chest artery heart sternum

22. cartilage tendon valve ligament

23. pelvis penis urine bladder

24. neck axilla trachea throat

25. prostate cervix breast uterus



# Easy Review

## Section III Illnesses and emergencies

### I. Chapter 9

Fill in the blank with an appropriate word.

1. Ms. Yoshimine has a middle ear infection or otitis media. She has a really bad earache.
2. Hemorrhoids (または Piles) are painful, swollen veins in the lower portion of the rectum or anus.
3. Last year Patricia had a type of cancer of the blood called leukemia, but she is in remission now.
4. Undercooked hamburger meat caused an outbreak of food poisoning.
5. Anemia is a condition in which the body does not have enough healthy red blood cells.

### II. Chapter 10

Write the **medical term** for each of the following illnesses or conditions.

- |                              |                         |
|------------------------------|-------------------------|
| 6. hardening of the arteries | <u>arteriosclerosis</u> |
| 7. high blood fat            | <u>hyperlipidemia</u>   |
| 8. cold sore                 | <u>herpes simplex</u>   |
| 9. enlarged prostate         | <u>prostategaly</u>     |
| 10. acne                     | <u>acne vulgaris</u>    |

### III. Chapter 11

What **illnesses or conditions** are referred to in the below statements?

11. Sheila's skin and the whites of her eyes turned yellow.

jaundice

12. Ms. Takahashi is eight weeks pregnant and feels nauseous often.

morning sickness

13. Ms. Soren feels a burning sensation when she urinates.

cystitis

14. Samuel cannot pay attention and finds it difficult to sit still at school.

Attention deficit hyperactivity disorder (ADHD)

15. Ms. Garcia hasn't had a period for three months but she is not pregnant.

amenorrhea

#### IV. Chapter 12

Find the **mistake** in the following statements. ~~Cross out~~ the incorrect word or words and rewrite them in the space below.

16. Mr. Ramadhani is ~~burning~~ his arm.

burned

17. Ms. Masihor is worried about the ~~rump~~ in her breast.

lump

18. Karen hit her head and ~~is~~ a concussion.

has

19. Bernard lost ~~unconsciousness~~ a few hours ago.

consciousness

20. Mr. Mullen ~~tried to do~~ suicide by hanging himself.

attempted (tried to commit suicide でも可)

#### V. Putting it together

What do the following abbreviations stand for? Write out the name of the **illness or condition**.

21. MI myocardial infarction

22. SIDS sudden infant death syndrome

23. CVA cerebrovascular accident

24. HBP high blood pressure

25. CPR cardiopulmonary resuscitation



# Easy Review

## Section IV Nurse-to-patient communication

### I. Chapter 13

Read the dialogue between a nurse and a patient. Fill in the missing words.

Nurse: What seems to be the problem?

Patient: I have a <sup>1</sup>runny nose and my <sup>2</sup>throat is sore.

Nurse: I see. Anything else?

Patient: Yes. I have a dry <sup>3</sup>cough.

Nurse: Mmm. You have a slight fever too. Do you have any other symptoms?

Patient: I have a splitting <sup>4</sup>headache and I feel <sup>5</sup>nauseous.

I think I may vomit.

### II. Chapter 14

Match the questions on the left to the correct answer on the right.

- |                                      |                                  |
|--------------------------------------|----------------------------------|
| 6. Do you smoke?                     | a. Since yesterday morning.      |
| 7. Are your periods regular?         | b. No, I'm still single.         |
| 8. How long have you had this fever? | c. Yes, every 29 days.           |
| 9. Are you married?                  | d. Great! I eat six meals a day. |
| 10. How is your appetite?            | e. Yes. About half a pack a day. |

6.     e          7.     c          8.     a          9.     b          10.     d



### III. Chapter 15

Put these words in the correct order.

11. chest take a we're to going X-ray

We're going to take a chest X-ray.

12. your over please onto stomach roll

Please roll over onto your stomach.

13. breath hold take a deep it and

Take a deep breath and hold it.

14. urine next to a sample you give need

Next you need to give a urine sample.

15. up can sit you now

You can sit up now.

### IV. Chapter 16

Read the nurse's answers and fill in the patient's questions.

16. Q: Does this medicine have any side effects? ?

A: Yes. It may make you sleepy so you shouldn't drive.

17. Q: Can I be transferred to a private room? ?

A: I'm sorry, but we have no private rooms available at the moment.

18. Q: Is it OK if I eat before the operation? ?

A: Please don't eat or drink for eight hours before the operation.

19. Q: Can I take a shower? ?

A: Yes, you can. The bathrooms are just down the hall on your left.

20. Q: When will the test results be ready? ?

A: In about three days. We will contact you by telephone and ask you to come in and speak to the doctor.

## **V. Putting it together**

Fill in the missing word or words.

21. Is there a history of heart problems in your family?
22. Do you have any other symptoms?
23. Hold still for a moment.
24. How long will this IV take?
25. Do you have any allergies?

## Easy Review

## Section V Communication and encouragement

## I. Chapter 17

Circle the correct word for each sentence.

1. I'll be your **prime** / **primary** nurse.
2. Please do not **talk** / **use** your cellular phone in this room.
3. Did you **drink** / **take** your medicine?
4. Please let me know if you **feel** / **are** any pain.
5. Sorry to have **kept** / **made** you waiting.

## II. Chapter 18

The below sentences are either impolite(失礼) or grammatically incorrect. Please write them politely or correctly in the space below each sentence.

6. Should I get you something? (何か持ってきてみましょうか。)

Can I get you anything?

7. It's perfection! (完璧ですよ。)

That's perfect!

8. Understand. (わかりました。)

I understand; I see.

9. You must rest. (安静が必要です。)

You need to get some rest.

10. I hope you more better feeling soon. (早く元気になるといいですね。)

I hope you feel better soon.

### III. Putting it together

Fill in the blanks with the missing words to complete the conversation.

Nurse: Excuse me. May I <sup>11</sup> come in?

Patient: Sure.

Nurse: <sup>12</sup> How are you feeling?

Patient: Not so great. Actually, this food...

Nurse: Oh? How <sup>13</sup> was your meal?

Patient: Rather bland. Will somebody come and pick up this tray?

Nurse: I'm afraid not. Please <sup>14</sup> return your tray to the cart after you've finished.

Patient: Oh, I'm finished. I have to take it back myself?

Getting out of this bed will be a problem.

Nurse: <sup>15</sup> Here, let me help you.



Name:

Student #:

## Easy Nursing English

# Easy Exam I

This test is worth 80 points in total. It covers basic vocabulary that you have studied in **Chapters 1 ~ 12**.

Good luck! 😊

### I. Chapters 1 ~ 4

A. (Ch. 1) Which **hospital department** should you go to if:

Answer here

1. you have a painful sunburn on your shoulders.
2. you have been feeling depressed for a few weeks.
3. you worry that your eyesight is becoming worse.
4. your seven-year-old sister has a high fever.
5. you have a sharp pain in one of your teeth.

dermatology

psychiatrics

ophthalmology

pediatrics

dentistry

B. (Ch. 2) What is the English word for these **people in a hospital**:

6. a woman (not doctor) who helps women deliver babies.
7. a person (not dentist) who cleans peoples' teeth.
8. a newly graduated doctor in training at a hospital.
9. a patient who is hospitalized.
10. a person who gives advice about diet and nutrition.

midwife

dental hygienist

clinical resident; resident

inpatient

dietitian; nutritionist

C. (Ch. 3) What **medical supply/equipment** is described here?

11. This liquid is used to sterilize peoples' hands.
12. This can measure peoples' height or weight.
13. Doctors use this to listen to chest sounds.
14. This is used to measure patients' blood pressure.
15. This is a kind of wire used to close wounds.

disinfectant

scale; height scale, weight scale

stethoscope

sphygmomanometer; manometer;  
blood pressure gauge

sutures; stitches

*Continued on next page!*

D. (Ch. 4) Each of these sentences contains one word choice or spelling mistake. ~~Cross out~~ the incorrect word and write the correct word below it.

16. Take this ~~prediction~~ to the pharmacy to pick up your medicine.

prescription

17. My head hurts! I need a ~~hurtkiller~~.

painkiller

18. These days, ~~verbal~~ medicine is very popular.

herbal

19. OTC medicine = ~~On~~ The Counter medicine.

Over

20. Nurse, I'm very worried about my ~~surjury~~.

surgery

## II. Chapters 5 ~ 8

A. (Ch. 5) Fill in the missing part of each **anatomical word** below.

21. forehead (前額部)

22. armpit (腋窩)

23. abdomen (腹部)

24. buttocks (尻)

25. ankle (足関節)

B. (Ch. 6~8) Each of these sentences contains one word choice or spelling mistake. ~~Cross out~~ the incorrect word and write the correct word below it.

26. Another word for "eardrum" is tympanic ~~member~~.

membrane

27. Drinking too much alcohol can damage your ~~lever~~.

liver

28. This cup is for your ~~yearn~~ test.

urine

*Continued on next page!*

29. My throat really hurts. The doctor said my lymph ~~nodes~~ are swollen.

nodes

30. While playing basketball I fell and injured my ~~kneecap~~.

kneecap

31. The clavicle is also called the "~~collar~~ bone."

collar

### III. Chapters 9 ~ 12

A. (Ch. 9~11) Write the **common word** for these medical terms.

32. otitis media middle ear infection

33. cerebrovascular accident stroke

34. myocardial infarction heart attack

35. verucca wart

36. parotitis mumps

37. conjunctivitis pink eye

38. amenorrhea absence of periods

B. (Ch. 9~11) Write the **medical terms** for these common words.

39. stomach ache gastritis

40. hay fever pollinosis

41. hardening of the arteries arteriosclerosis

42. high blood fat hyperlipidemia

43. high blood pressure hypertension

44. chickenpox varicella

45. German measles rubella

C. (Ch. 12) Each of these sentences contains one word choice or spelling mistake. ~~Cross out~~ the incorrect word and write the correct word below it.

46. Her leg muscles ~~clamped~~ while swimming.

cramped

47. Her arm was ~~winded~~ in the crash.

wounded; cut; injured

48. She attempted ~~suicite~~ by swallowing sleeping pills.

suicide

49. He nearly ~~downed~~ in the river.

drowned

50. He is ~~unconscience~~.

unconscious

#### IV. Dialogues

Please circle the correct word for each sentence.

51. You won't have to wait too **many** / long. About 30 minutes.

52. Will my prescription be filled / **filed** there?

53. You should take these pills three times **one day** / a day after each meal.

54. Afternoon **times** / hours are from 2:30 to 6:00.

55. This paper gives / **writes** information about your gastroscopic examination.

56. Your ligament was repaired, but it will take **times** / time to heal.

57. Can you please take your daughter's temperature / **fever**?

58. Did you experience / **experiment** any pain or discomfort?

59. You'll soon be able to hold your daughter. **Trusting** / Trust me.

60. There! That wasn't so bad / **worst**, was it?



## IV. Paragraph writing

(20 points)

Choose one of the below topics, and write a one-paragraph answer in the space below.

**Option 1.** Write about something **interesting** or **surprising** that you have learned about the human body or human health as a nursing student.

**Option 2.** What do you **like** or **dislike about hospitals**? Explain.

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Name:

Student #:

Easy Nursing English  
**Easy Exam II**

This test is worth 60 points in total. It covers basic expressions that you have studied in **Chapters 13 ~ 18**.

Good luck! 😊

### I. Chapter 13

Each of these sentences contains one word choice or spelling mistake. ~~Cross out~~ the incorrect word and write the correct word below it.

1. My nose is all ~~stuffing~~ up.

stuffed

4. I feel ~~small~~ of breath.

short

2. I'm ~~constipation~~.

constipated (I have constipation. でも可)

5. My eyes are ~~scratchy~~.

itchy

3. My throat is ~~sour~~.

sore (I have a sore throat. でも可)

6. I feel ~~fevery~~.

feverish; hot (I have a fever. でも可)

### II. Chapter 14

Fill in the blank space with the missing word or words.

7. How is your appetite?

(食欲はありますか.)

8. Are your periods regular?

(月経は規則正しくありますか.)

9. Do you have a lot of stress in your work/job? (お仕事ではストレスが多いですか.)

10. Are you married?

(ご結婚されていますか.)

11. Has anyone in your family been hospitalized for a serious illness?

(ご家族の中に大きな病気で入院された方はいらっしゃいますか.)

12. Are you allergic to any medications?

(薬に対するアレルギーはありますか.)

*Continued on next page!*

### III. Chapter 15

The following sentences were spoken in an impolite manner. Please change them to polite (丁寧な) English expressions, as you have studied them.

13. In front of the examination room. Wait!

Please wait in front of the examination room.

14. Gimme your right arm.

Please give me your right arm.

15. Don't move!

Hold still for a moment.

16. Next, urine sample.

Next you need to give a urine sample.

17. Deep breath... now don't breathe!

Take a deep breath and hold it.

18. Now sit up!

You can sit up now.

### IV. Chapter 16

Read the nurse's answers and fill in the patient's questions. This is not one long conversation.

19. Patient: How long will the IV take?

Nurse: The IV will take about 45 minutes.

20. Patient: Where should I keep my valuables?

Nurse: You can keep your valuables in this safe.

21. Patient: Does this meal contain meat (pork, beef)?

Nurse: Yes, this meal does contain meat.

*Continued on next page!*

22. Patient: When will the test results be ready?

Nurse: The test results will be ready in about 30 minutes.

23. Patient: Can I take a shower now?

Nurse: You can take a shower between 10:00 am and 8:00 pm.

24. Patient: Can you explain the check out procedures?

Nurse: Sure, I'll explain the check out procedures now.

## V. Chapter 17

For each underlined word, write the word or words that are opposite in meaning (反意語) in the space below each sentence.

25. I can speak a lot of English.

little

26. Please return your tray to the cart after you've begun.

finished

27. Do you have any answers?

questions

28. Please let me know if you feel any comfort.

discomfort; pain

29. Could you please speak more rapidly?

slowly

30. I'm happy to disturb your rest.

sorry

## VI. Chapter 18

The below sentences are either impolite (失礼) or grammatically incorrect. Please write them politely or correctly in the space below each sentence.

31. Can't I get you anything?

Can I get you anything?

32. You should try again.

Let's give it another try.

33. You look so pale!

You look a bit pale.

34. Stop panicking.

There's no need to panic.

35. You must be very difficult.

This must be very difficult for you.

36. Please be careful yourself.

Please take care of yourself.

## VII. Dialogues

Please circle the correct word for each sentence.

37. I hope you don't mind / care, but I have to ask a few questions about your lifestyle.

38. I'll take a blood sample now. Which arm would you like / prefer?

39. Oh, you're still having / running a fever.

40. I'll company / accompany you to the therapy room.

### VIII. Paragraph writing

(20 points)

Choose one of the below topics, and write a one-paragraph answer in the space below.

**Option 1.** Do you have any **healthy habits**? Describe them.

**Option 2.** Do you have any **unhealthy habits**? Describe them.

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